1: Childs M-S (1924-1940) 1940 FP 13 Mbundu FP 13

they came to call it *ofeka yonjala*, 'The Hungry Country' or better 'The Country of Hunger', since it was without inhabitants and consequently without the possibility of purchasing provisions.[1] Much of the soil in all three of these adjoining regions is very sandy and comparatively unproductive.

Many rivers find in the Benguela Highland a great catchment basin. The two largest are the Kuanza (Kuanja) and the Cunene (Kunene), both flowing into the Atlantic. Between them are the Queve (Keve, also marked 'Cuvo'), the Balombo, and the Catumbela (Katombela), which also reach the ocean. A peculiar stream is the Cubango (Kuvango or Okavango), which rises near the source of the Cunene, and after becoming a great and free-flowing river loses itself in the Kalahari desert. Some authorities hold that through the Chobe swamp it maintains a seasonal connexion with the Zambezi. In this event the springs of the Benguela Highland feed the waters of both oceans. The part played by the Mbuluvulu plain in Bié (Viye) has often been noted by travellers and writers, for it drains into the Kuanza and also into the Cubango. As with most of the Southern Bantu,[2] rivers have had little directly to do with building the material culture of the Ovimbundu. Watersheds have furnished trade-routes, and fishing has become a side-line occupation for those who live conveniently near the streams. The rivers themselves, however, have always been of the greatest importance to the mass of the people who are dependent upon them for water, whether it comes in the form of rainfall or is taken more directly from the streams.

Climate

The regions under consideration in this study belong to the South Central African zone of summer rains. Coming on the monsoon from the Indian Ocean, the rains are precipitated by cold winds from the south-western antarctic current.[3] The Benguela Highland constitutes a distinct climatic zone, as the fact of the altitude would lead one to infer. The adjoining and coastal regions

[1] Cf. H. W. Nevinson, *A Modern Slavery*, chap. vi (New York: Harpers, 1906); also M. Burr, *A Fortnight in Angola* (London: Adelphi, 1933).

[2] A. J. H. Goodwin, 'Habitat', p. 34, in Schapera, *The Bantu-Speaking Tribes of South Africa* (London: Routledge, 1937).

[3] See C. E. P. Brooks and S. T. A. Mirrlees, *A Study of the Atmospheric Circulation over Tropical Africa*. Meteorological Office. Geophysical memoirs no. 55 (London: H.M.S.O., 1932).

1: Childs M-5 (1924-1940) 1949 FP 13 Mbundu FP 13

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Photo. M. W. Ennis

a. Communal fishing party (Talange River, Elende)

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Photo. R. S. Webb

b. Women grinding meal (kulunda)

[Facing p. 64]

A professional hunter usually works alone, using bows and arrows, clubs, spears, and several kinds of trap.(1) Nets and poison are not used. Every hunter makes his own arrow-shafts and feathers; the points are made by a blacksmith. On the night before leaving for a hunt, the *ukongo* calls in his fellow hunters to share a ceremony which includes dancing and the re-anointing of the weapons with beer and palm-oil. 224 411

Communal hunts usually take place in June-July, in the middle of the dry season, when large tracts of land are covered with grass ten or more feet high. The day for the hunt is set by the village headman; spears and arrows are prepared and, when the word is given, a party of about 30 men and boys move off to the assigned area of tall grass. A ring is formed round about two square miles of land, the hunters standing just within sight of each other. The grass is trodden down, fires started, and the animals killed as they rush from the flames. Antelope of many kinds, snakes, foxes, wolves, hyenas, mice and rabbits and occasionally leopards are killed in this way. 224

FISHING

In the Kunene and some of the other larger rivers fish are large and plentiful, and men go on communal fishing expeditions, and return with fish to sell.(2) Men usually fish with bark lines, women use basket-traps(3) and poisons. Poison is used, usually in the dry season, when the rivers are shallow. Both men and women use nets, and sometimes a fish-weir or *olunja* may be employed; this has an opening in the middle, in the lower side of which is placed a basket-trap. At the coast and along the Kwanza river dug-out canoes, about 20-30 feet long, are sometimes used for fishing.(4) 226 462 [501]

DOMESTIC ANIMALS

The principal domestic animals are the cow (*onjindi*), ox (*ongombe*, which is also the generic name for cattle), bull (*onui*), sheep (*omene*), goat (*ohombo*), pig (*ongulu*), dog (*ombua*), and chicken (*osanji*).(5) The only transport animal is the ox, used both for riding and for drawing carts.(6) 231 [492]

Cattle are a measure of wealth, but few families own large herds. Childs lists the domestic animals in a typical village of 196 inhabitants as: 9 head of cattle, 13 goats, 20 sheep, 100 pigs, and about 100 chickens. Cattle are used for paying fines and debts, for funeral feasts, and for marriage payments. Cows are not usually milked, and cattle are killed for food only when they are aged or injured, or occasionally during the June-July period of food shortage. Treated hides are used to cover stools, and for making pouches and corn-bags.(7) 231 436 [282]

The cattle herd obtains most of its food by grazing, but in the dry 880

(1) Some hunters have guns, but the use of gunpowder is restricted by the Portuguese.
(2) Cashman, op.cit., p.143.
(3) See Cashman, loc.cit. for a brief description of the basket-trap.
(4) Hambly, (2) 1934, p.145.
(5) Ibid., pp.152-6.
(6) Childs, personal communication. Cf. Hambly, op.cit., p.152.
(7) Hambly, op.cit., p.153.

3: Hambly E-5 (1929-1930) 1934 FP13 Mbundu FP13

growth is under examination. This central plateau, the Benguela Highlands, rises in places to a height of 6,000 feet, an altitude which reduces the heat of the tropics and so modifies the flora, discouraging some types of vegetation and encouraging others. Hostility of the highlands to palm trees and the banana is appropriately discussed when dealing with cultural losses; while the fostering effect of reduced temperature and the presence of wide expanses of open country on the growth of maize and the keeping of cattle is a cultural gain.

The prevailing rains of Angola are from the northeast to the southwest; consequently the high plateau intercepts rain clouds which give an annual fall of sixty inches. This adequate rainfall is another factor which has affected economic life, density of population, communal welfare, and powers of expansion.

The villages of the Ovimbundu are built on hillsides having a commanding view of the surrounding country. There is in the nature of the land a natural protection from enemies. In addition to this the Benguela Highlands are an admirable base from which expeditions both predatory and commercial might, and actually did set out eastward to the interior of Africa, and southwest to the cattle-keeping country.

It is important to note that this central plateau is the watershed for four large river systems; the Kwanza to the northwest; the Cunene to the southwest; the tributaries of the Kasai to the northeast; and the Zambezi and its affluents to the southeast. Fishing, with attendant beliefs of a ritualistic kind, is of local importance; so also is the making of canoes. Moreover, the river valleys have marked out a natural means of communication in several directions.

In connection with the river system the biological factor of the tsetse fly is important, because the presence of the fly locally discourages human habitation and prevents the keeping of cattle. The exact distribution of the fly is imperfectly known, but *Glossinia palpalis*, the cause of sleeping sickness in human beings, also *Glossinia morsitans*, which carries disease to cattle, are both present along the Kwanza and parts of the other rivers (J. C. B. Statham, Through Angola, p. 294).

The western coastal strip is a region of great aridity which has in some years no rainfall whatever, because the northeasterly rains have expended themselves on the high plateau. This region displays vegetation of the semi-desert type; namely, baobab trees, prickly acacias, euphorbias, and aloes. Population in this area is sparse, always nomadic, and in some places non-existent. The coastal strip

3: Hambly E-5 (1929-1930) 1934 FP13 Mbundu FP13

which are fixed on poles in front of the hunter's home during his lifetime (Plate XXXII, Figs. 1, 2). 764 224

There are at the funeral of a hunter special observances which will be mentioned under the heading of funeral rites.

FISHING

In the region of Elende there is fishing with both basket and line; a method of poisoning fish is also practised. Usually a male fishes with a bark line. Women catch fish by the poisoning method, and in addition to this they generally follow the procedure in which baskets are held or weighted in the stream. If the water flows swiftly men may take charge of the fishing operations. At times both men and women fish with nets. Husband and wife may not sleep together the night before fishing, as this is believed to make the male and female fish stay together at the bottom of the river. 226 462 [534]

The fishing line consists of tough green bark which is cut into strips whose length depends on the height of the river's bank. A hole is bored through the body of a grasshopper, a worm, or a grub taken from under the bark of a tree. Through this hole is passed a short stiff piece of grass about half an inch long, to which the line is attached. The fish is caught when the crosspiece of sharp grass becomes fast in its throat. [283]

When the fisher throws the line he sings: "O fish, come and take your good thing. Do not send the little fish to spoil the good thing. Better you come and take the good thing with all your strength."

In order to make fish poison the tuberous roots of a plant are taken and soaked in water until a scum rises to the top. The solid part of the poison is not given, because it would sink and the fish which ate it would remain at the bottom of the river. Therefore only the scum of this poisonous infusion is thrown in the water. The stupefied, gasping fish remain at the surface, whereupon they are seized by women who transfer them to gourds or baskets worn around their necks. Usually poison is used only in the dry season when the rivers are shallow.

Sometimes there is fishing by means of a weir (*olunja*) which has an opening in the middle. On the lower side of this gap a basket trap is placed.

There is no fishing by torchlight. At the coast, and along the river Kwanza I have seen heavy dugout canoes in use; these were about twenty to thirty feet long and hollowed from single trees (Plate LXXII, Figs. 1, 2). At Ambrizette I noted the use of a fishing [501]

3: Hambly E-5 (1929-1930) 1934 FP13 Mbundu FP13

226 462 spear eight feet long, the end of which consisted of ten sharp prongs of palm stem (Plate LXXIII, Fig. 1).

[171] Near Cangamba in eastern Angola, fishing in the Kwando River occupied numerous men and women of the mixed tribes in the district, namely, Vachokue, Luchazi, and Babunda. Men paddled into midstream in small bark canoes from which fishing operations were directed. The fishermen carried small conical string nets, which were attached to stakes in such a way that the openings of the nets faced upstream. Vachokue women, working in pairs, dragged baskets against the current (Plate LXXXV, Figs. 1, 2).

AGRICULTURE AND COOKING

343 243 *Osila* is the Umbundu word for the granary which stands on wooden supports (Plate XLIV, Fig. 1); this *osila* is for the restricted family, and there is one *osila* for every house. The Ovimbundu store their corn in bulk, but in the Esele country I noted that the cobs themselves were carefully packed. Each Ocimbundu girl cultivates a small patch of ground, the produce of which she is at liberty to sell in order to buy brass ornaments, beads, and palm oil. [432]

241 In addition to maize, barley, oats, and wheat, with here and there a little rye, are occasionally grown. There are three colors of beans, red, white, and black. There is no attempt to keep the varieties [651] separate, so they cross-fertilize freely. The Ovimbundu try to [438] cultivate a surplus of beans and maize which they use to pay their taxes to the Portuguese, likewise to sell at the stores of traders.

252 512 Corn is pounded on the rock which has been used for generations after it has been consecrated by sprinkling the blood of a chicken. Pounding begins as early as five o'clock in the morning, before sunrise, and from that time to sunset the pounding-rock is in use. The [521] rock is evidently regarded as a meeting place for social intercourse; it is undoubtedly the center of village gossip so far as the women are concerned (Plate XXXVI, Fig. 2).

As corn alone is considered a poor food, it is sprinkled on boiling water to which beans are added. Cooking goes on from early morning to sunset over a slow fire. Children sometimes receive as their evening meal a thick plastic cake of mushed corn to which green leaves of a squash are added.

252 There are five kinds of manioc resembling one another in general appearance, but the Ovimbundu distinguish the plants, and reserve for each what they consider to be appropriate preparation. The method varies for sweet and bitter varieties of manioc.

VII. EDUCATION

Industrial Training and Division of Labor

871 Usually there is no formality connected with the industrial and occupational training of Ovimbundu children. The section dealing with play shows that boys and girls learn by spontaneous imitation of their elders.

874 There are, however, exceptions to this general truth. Special rites connected with the training and inauguration of blacksmiths and hunters have been described. The training of medicine-men and women will be dealt with in chapter IX, "Religion."

462 463 In describing economic life in chapter V, division of labor on a sex basis; also specialization in industry because of peculiar tastes and aptitudes, were noted. There is clearly a twofold division in industrial life. In the first place sex determines occupation, and within this primary grouping there is a secondary grouping depending [467] on personal preference and individual ability. I have found no instance of exclusive hereditary right to any occupation or industry.

462 The net result of the Umbundu system of division of labor is indicated by the following summary:

[342] When building houses, men dig the rectangular trench, cut the poles for the framework, lash the crosspieces, cut grass and lay the thatch, then place clay over the wattle walls. Women carry water for mixing the clay and convey the moist clay to the plasterers. [224] Children puddle the clay with their feet. Males are hunters both professional and general. During a communal hunt women and children assist in driving game, which is frightened by the firing of [857] grass. Boys organize games in which they imitate these activities. [226] Men fish with a line and bait, whereas women use baskets and [231] narcotic poison. Men and boys take care of cattle and have charge of dogs. Women and girls give what slight attention is afforded to other domestic animals. Male specialists castrate bulls and goats.

[341] During agricultural operations men clear the ground and burn the bush. Women carry on hoe cultivation without assistance from [482] men. Men are the chief carriers in caravans, but women and children may sometimes be seen carrying loads. They march in line with the men but have smaller burdens. Males are employed in blacksmith's work, wood-carving, making weapons and tools, weaving mats, dressing hides, spinning cotton, and formerly in weaving on an upright loom. Men are exclusively the makers of

535 Almost every evening one may hear the tapping of drums and the songs of dancers, because in addition to dances for a funeral or other special occasion there are ordinary dances of amusement in which lines of men and women advance and retreat, or men and women circle round the drums making arm movements accompanied by a swaying rhythm.

[243] The dance *onyaco*, performed in June when the corn is ripe, may have an ancient history and special significance as part of an agricultural rite. When corn is being stored the people sing, "There is grain in the house, may it never be out." There is no dance in [226] connection with fishing.

224 There is mimicry of animals in the hunting game played by boys. The frog, the leopard, and other animals are imitated in certain games, but I have no evidence of the performance of mimetic dances in relation to any cult for increasing the supply of animal life.

535 [534] The use of the small ball *ombunje* illustrates the way in which an apparent toy can be used in rites of a religious kind. *Ombunje* consists of a hard spherical fruit about six centimeters in diameter in which several hard seeds rattle. The sphere is covered with a layer of cloth over which lizard skin is stretched and sewn.

[769] [789] When the people wish to commemorate the death of a king, or when the king is sick, the medicine-man (*ocimbanda*) says that there must be *osaka* dancing. A strong man dances for many hours while holding this little ball in his outstretched hand. Other men who are dancing use their fists to hit the muscles of the outstretched arm in an attempt to make the holder drop the ball (*ombunje*). If he does so another man will promptly take hold of it. The precise nature of the endurance test is unexplained, but there is possibly the idea of giving strength to a sick king by this tension and endurance. My interpreter thought this was so, but could not explain why the dance should be performed to commemorate the death of a king. It would seem natural, however, to transfer the *ombunje* rite to a commemorative festival, if in the first place it was part of the last rites of a dying king.

534 463 There are among the Ovimbundu specialists in dancing, singing, and the playing of musical instruments. *Onjimbi* is the word for a singer of merit who starts the choruses. *Ocili* is a dancer of more than ordinary skill. When a man is required to play a drum or other instrument I have noticed that it is thought necessary to bring a specialist. There is no doubt that drumming requires special aptitude and practice. The man who plays the long drum is *usiki*, the drum

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[p.427]

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FISHING AND HUNTING

Fig. 1. Fishing spear, Ambrizette, northwest Angola. Fig. 2. Stakes for impaling antelope, Vande, west-central Angola

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3: Hambly E-5 (1929-1930) 1934 FF13 Mkondo FF18

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VACHOKUE FISHING AT CANGAMBA

Fig. 1. Woman dragging basket. Fig. 2. Man in bark canoe, holding net

[p.439]

5: Hambly E-5 (1929-30) 1934 / FP 13 Mbundu FP13

hollow chamber. I removed a thin slab of stone which formed an entrance to a tomb of this kind and observed within two skeletons lying supine. On the top of the cairns were skulls of animals killed by the hunter. I noted one instance of the burial of a hunter's dog under a cairn of stones.

Three birds are protected by a prohibition. Esuvi is a bird which has power to steal the souls of the dead, so making them die a second death. As usual, no direct explanation was given concerning this second death, but an explanation came later, quite fortuitously. For instance, an old man said he was sick because esuvi had stolen the spirit of his grandfather. This statement is logical, since welfare depends on a beneficent interest of dead ancestors, and it is evident that dying a second death prevents a spirit from exercising a benign influence over the living. Other protected birds are one which supplies feathers from which the decorations of kings and medicine-men are made, and one whose night cry is a warning of death in a village.

In fishing, a division of labor is recognized: men use a rod and line, while women drag baskets against the stream or use poison in slow, shallow water. The night before poison is to be used for fishing, husband and wife must avoid intercourse, since intimacy of this kind would make the fish stay together at the bottom of the river. A man who has prepared his rod and line, by transfixing a grasshopper and attaching it to a thin piece of bark, sings a song which is of the nature of a spell. He says:

> "O fish come and take your good thing.
> Do not send the little fish to spoil the good thing.
> Better you come and take the good thing with all your strength."

Up to half a century ago the Ovimbundu were renowned traders whose caravans penetrated deeply into the Congo region and even to the east side of Africa. It is natural, therefore, that some ritual should be connected with such an important enterprise. At the present day caravans may be seen, but these are local, and most of the carriers are found to be taking their maize, beans, and beeswax to traders' stores. I believe women did not accompany the transcontinental caravans of early days, but today women may be seen in line with the other carriers. Their loads are lighter, being on the average thirty pounds as compared with sixty pounds for a man. Children also carry small loads in the caravan.

Ngonga, my chief informant, said that in former times no caravan leader would set out without having consulted the preserved head of a deceased king. Even at present the corpse of a king is suspended by the neck and twisted until the head is severed. The head is sewn in oxhide and preserved in a box. The ancient caravan custom consisted of taking the box

6:Edwards E-5 (1955-1956)1962
FP13 Mbundu FP13

ing home from labour in October wants cleared fields to sow. If he cannot find any kinsman who would give him a cleared field he will have to buy one, and will have perhaps to pay 200 escudos (£2 10s.). A man retains his rights to fields in a village he no longer inhabits.

The Ovimbundu keep cattle, sheep, goats, pigs, and fowls. The cattle are not milked but are used in sacrifices, and for fines; some have been brought by Ovimbundu from Kwanyama Ambo country but they do not seem to thrive in this neighbourhood. Sheep are few. In my village goats were much less numerous than chickens or pigs. The traders and European residents buy cattle, chickens, and pigs.

Fishing and hunting are practised, but despite the ingenious fish-traps, nets, poisons and weirs used for the first, and the popular enthusiasm for, and ritual associations of the second, neither dominates the actual food supply and ecological background in the way that maize does.

The Ovimbundu believe that the dry-season grass fires also help to fertilize the soil by leaving ashes. Ashes are sometimes spread in a village garden, and dry grass may also be left in a field for this purpose. Soil beside trees is considered to be especially rich, as to some extent are the sites of former villages. There is no idea of crop rotation and a field is worked for as long as it is fertile, that is indefinitely for an *onaka* and from three to six years, sometimes more, for a field of the *ohya* type. The hoe is still the standard means of cultivation and the plough is a rarity.

Coffee-growing on any scale is usually undertaken by people living away from the villages, except for the Protestants who have been encouraged by their missionaries to plant coffee in their villages. Coffee, like maize, is bought by the traders. However, at least two local coffee-growers sold their coffee at Porto Amboim on the coast to get a better price. Basically, the agricultural economy of the neighbourhood is based on maize, grown by methods of shifting cultivation. The frequency with which villages rise and fall and individuals change from one village to another is entirely consistent with this type of agriculture.

Axe and hoe blades, blankets, cloths, clothing, cutlery,